

# **Expanded PolyStyrene (EPS) Blocks: Innovative Solutions in the Construction of EPS Structures**

Hany L. Riad, Ph.D., P.E.

Parsons Brinckerhoff

Boston, MA

# What is EPS ?

- EPS is short for Expanded PolyStyrene
- A generic commodity material used in commercial and engineering applications
- In load bearing applications, EPS is referred to as Geof foam or EPS Geof foam

# What is EPS ?

- Polymeric solid spherical beads with diameters  $\approx 0.2$  to 3.0 mm
- Beads are pre-expanded  $\approx 50$  times in volume under controlled steam and high temperature into cellular spheres known as "pre-puff "
- EPS block is formed by further expansion and fusion of the "pre-puff" under controlled high temperature and steam inside steel molds providing final shape of a block





## EPS Molded Blocks

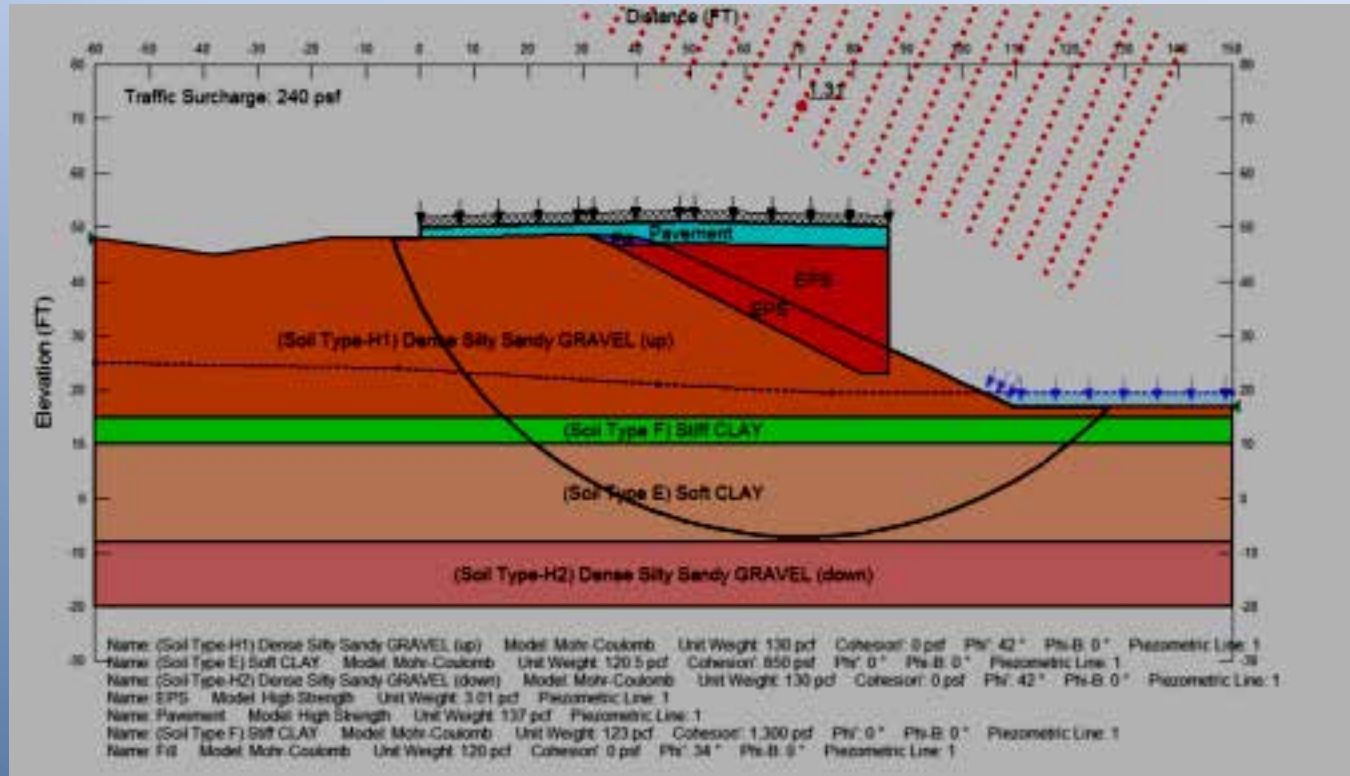


## Assembled EPS Blocks

# Applications in Massachusetts

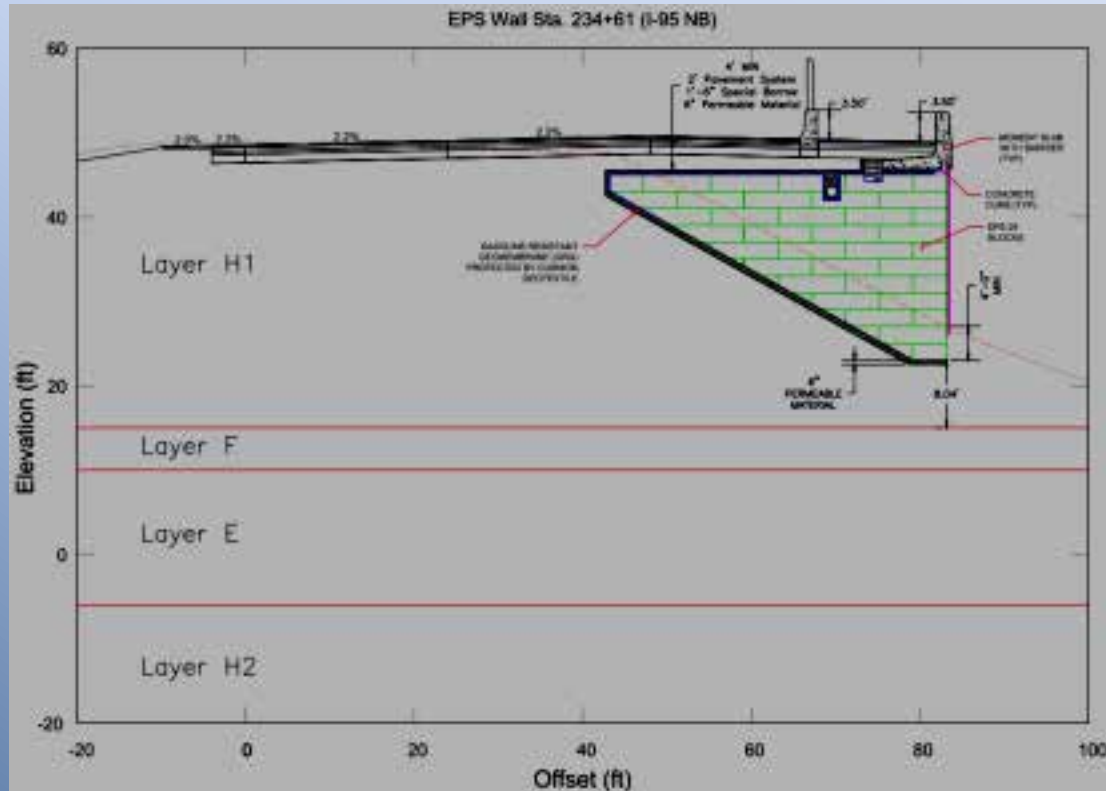
- Central Artery / Tunnel (CA/T) Project -  
Approx. 42,000 CY – In Service
- Whittier Bridge / I-95 Improvement Project -  
Approx. 20,000 CY – Under Construction

# Whittier Bridge Background



- EPS pursued as a side fill application to mitigate global stability and settlements of an underlying soft clay layer.

# Whittier Bridge Background

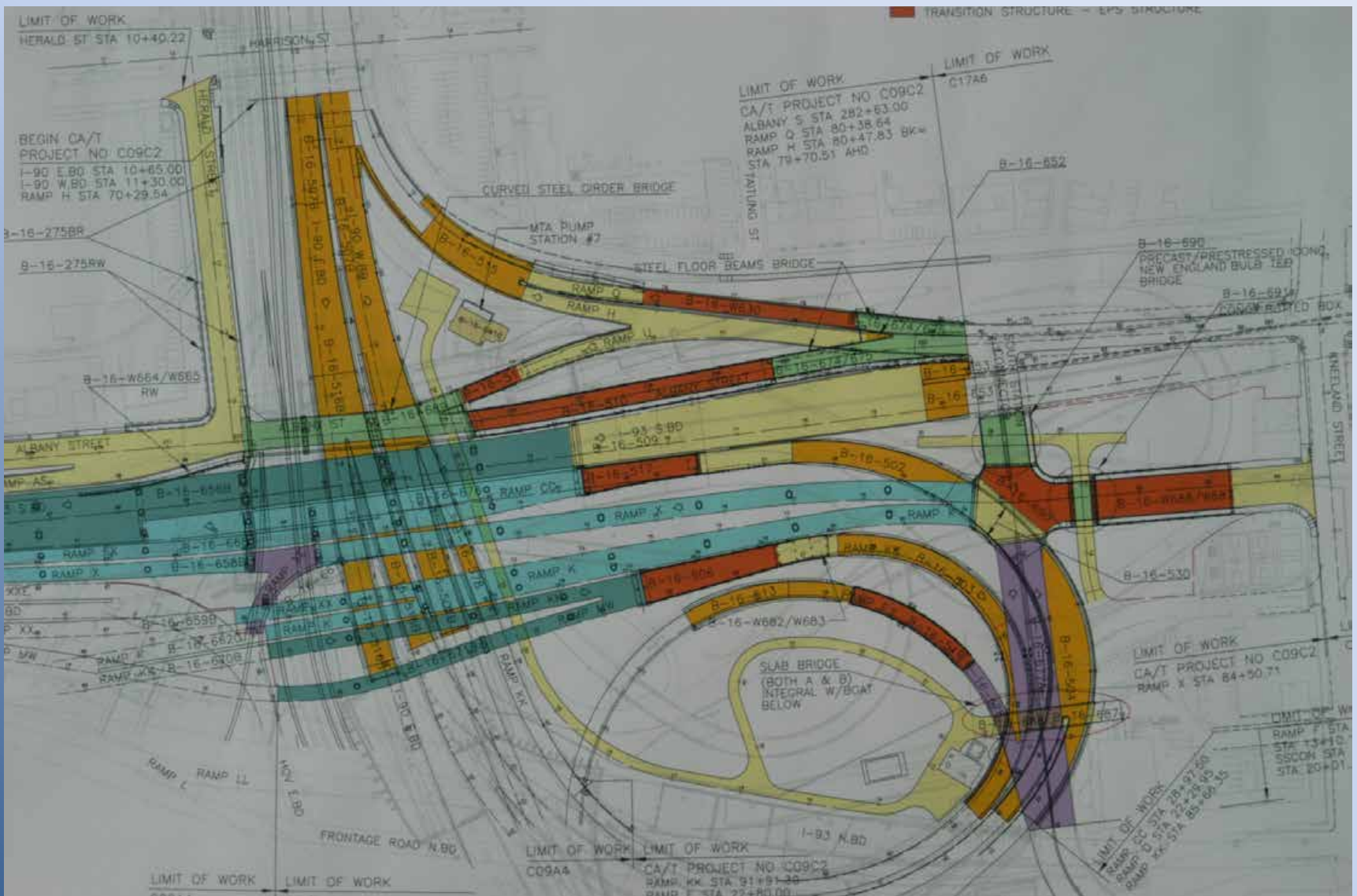


- EPS blocks effectively placed against side slope
- An MSE wall alternative design requires straps extending to 70% of height and SOE to construct the straps



# CA/T Background

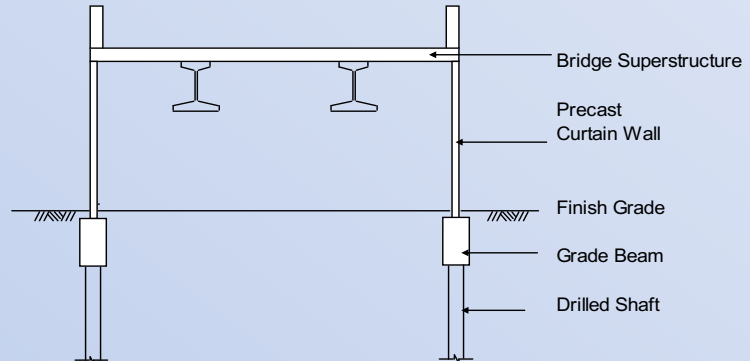
- EPS Embankments were pursued on CA/T Project as a cost and schedule initiative at the suggestion of the Federal Highway Administration (FHWA)
- 12 candidate structures evaluated on I-90/ I-93 South Bay Interchange for redesign as EPS fills
- 8 EPS structures replacing transition bridges of the original design concept



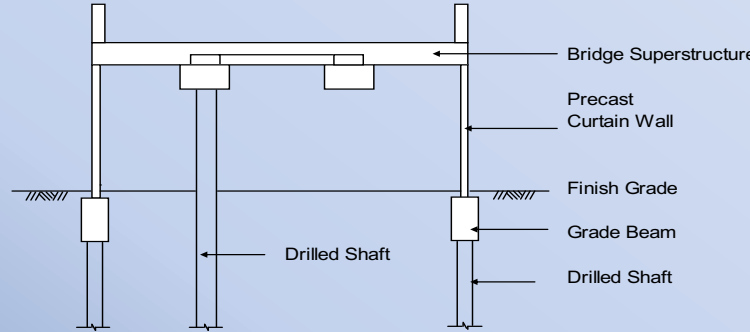
# South Bay Interchange

# ORIGINAL DESIGN CONCEPTS

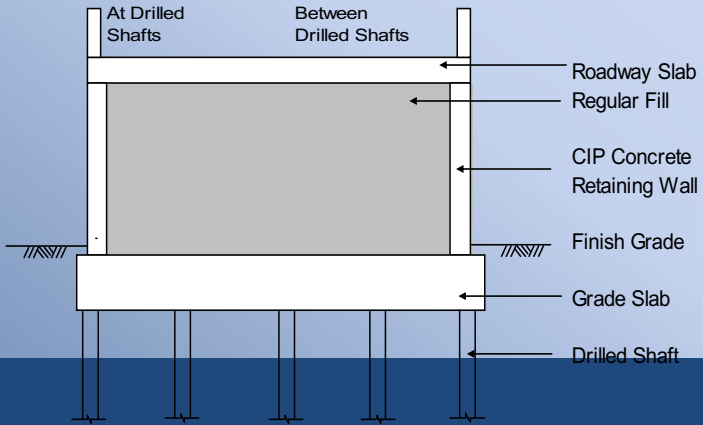
1. Precast Concrete Bridge



2. Elevated Slab-On-Piles



3. Fill over Slab-On-Piles





## South Bay Interchange – During Construction



## South Bay Interchange – In Service

# Why EPS ?

- Unit weight 1.0 – 2.0 pcf ( $\approx 1 \rightarrow 2\%$  soil self weight)
- Very low density of EPS significantly reduces dead loads i.e. high % of total loads
- Total load reduction  $\Leftrightarrow$  major cost savings for structures founded on weak soil subgrades
- Offers additional cost and schedule advantages as it eliminates the need for deep foundations, soil pre-loading, and removal of poor soils



## EPS Blocks Assembly in Progress

# Additional Advantages

1. Self-stable structurally, does not require lateral supports
2. No lateral pressure on adjacent structures ( $\nu \approx 0.1$ )
3. Construction does not require specialty labor or machinery
4. Blocks assembled under all weather conditions
5. Not susceptible to freeze-thaw cycles
6. Outstanding insulation properties
7. No water absorption inside expanded "closed" cells
8. Water absorption is reversible between fused cells
9. Inert, non-toxic, and environmentally safe
10. Extremely durable in the ground with indefinite service life



# COST

- EPS is a derivative of oil affected by World Prices
- Unit cost of EPS block material in place varies by region and volume
- 2014 unit cost for EPS100 installed in NE ranges from \$100 / cu. yd → \$120 / cu. yd
- EPS wins over alternative lightweight fill materials when **ALL** factors and benefits are considered and **NOT ONLY** on a cost / volume basis

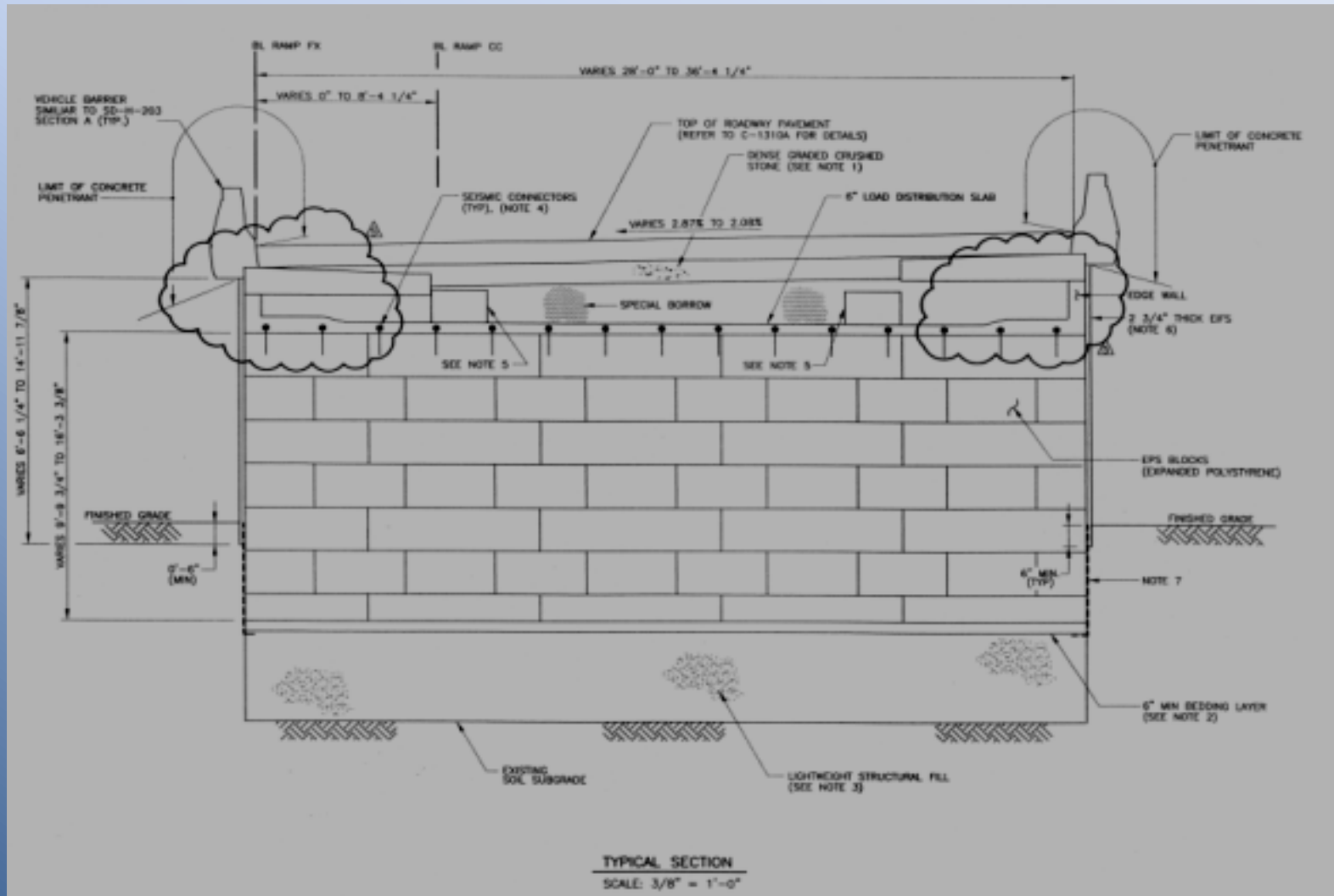
# Limitations & Design Solutions

## LIMITATIONS

1. Susceptible to Buoyancy
2. May dissolve in Diesel fuels

## SOLUTIONS

1. Secondary lightweight fill material used to offset buoyancy forces
2. A) Roadway System with adequate protection for the blocks to contain possible fuel spills  
B) Adequate drainage



# EPS Structure - Typical Cross-Section

# TYPICAL GEOMETRY

- All ramps with vertical sides
- Overall height  $H$  varies  $\approx 6 \rightarrow 27$  ft. above existing grade
- Width  $W$  mostly constant  $\approx 27$  ft. on average
- Majority of ramps are slender with many segments of  $H/W$  ratio  $\leq 1$
- Widest ramp is shallow  $\approx 55$  ft. wide
- One curved ramp with small  $R \approx 310$  ft.
- Some ramps with profile grade of up to  $\pm 7$  %

# CA/T - EPS HIGHLIGHTS

1. Project Design Criteria and Seismic Behavior
2. Project Specification
3. Side Covering System
4. Special EPS Applications & Curved Construction

# **Project Design Criteria and Seismic Behavior**

# PROJECT DESIGN CRITERIA

Marked first time implementation of AASHTO Standard Specification for Highway Bridges (16<sup>th</sup> Edition) into EPS design, including:

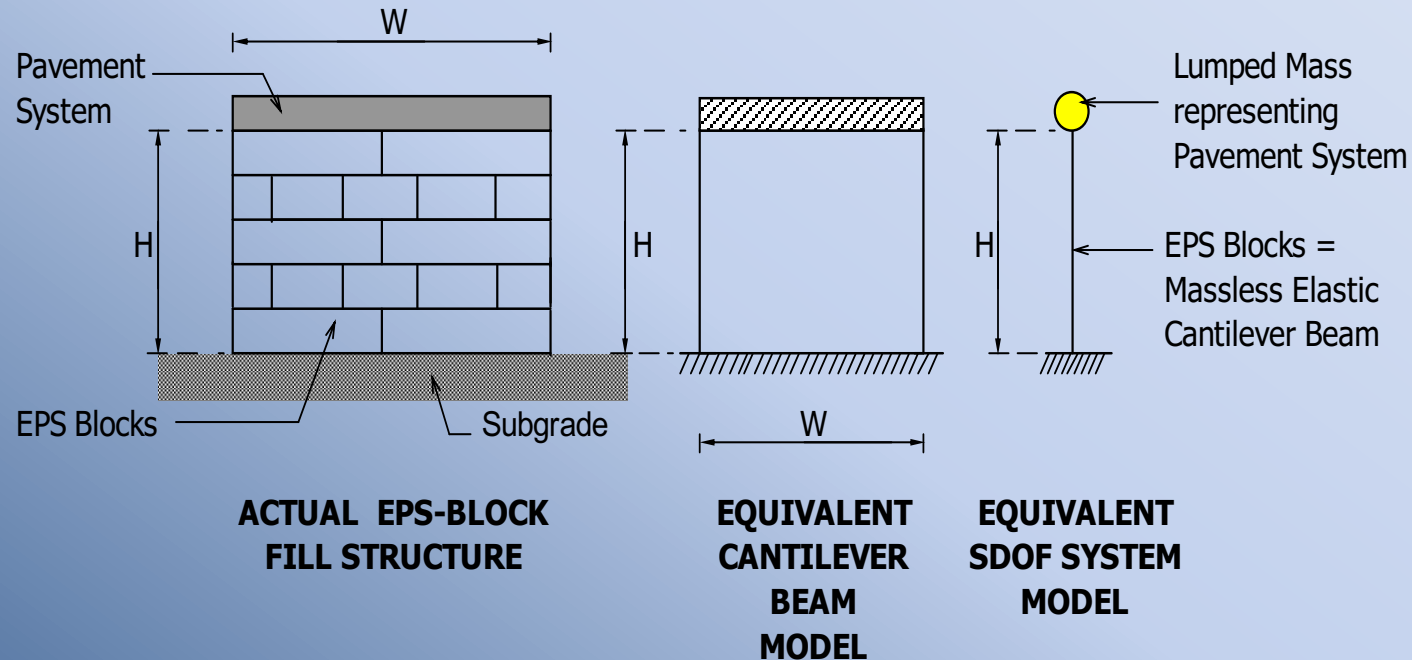
1. Dead and live loads
2. Wind and seismic loads
3. AASHTO Group load combinations with applicable increases in allowable stresses
4. Factors of Safety against sliding and overturning for external stability analysis

# DESIGN PHILOSOPHY

- Design based on Service Loads and Allowable Stress Design (ASD)
- Net stress increase on existing subgrade is not allowed
- Design considers buoyancy effects



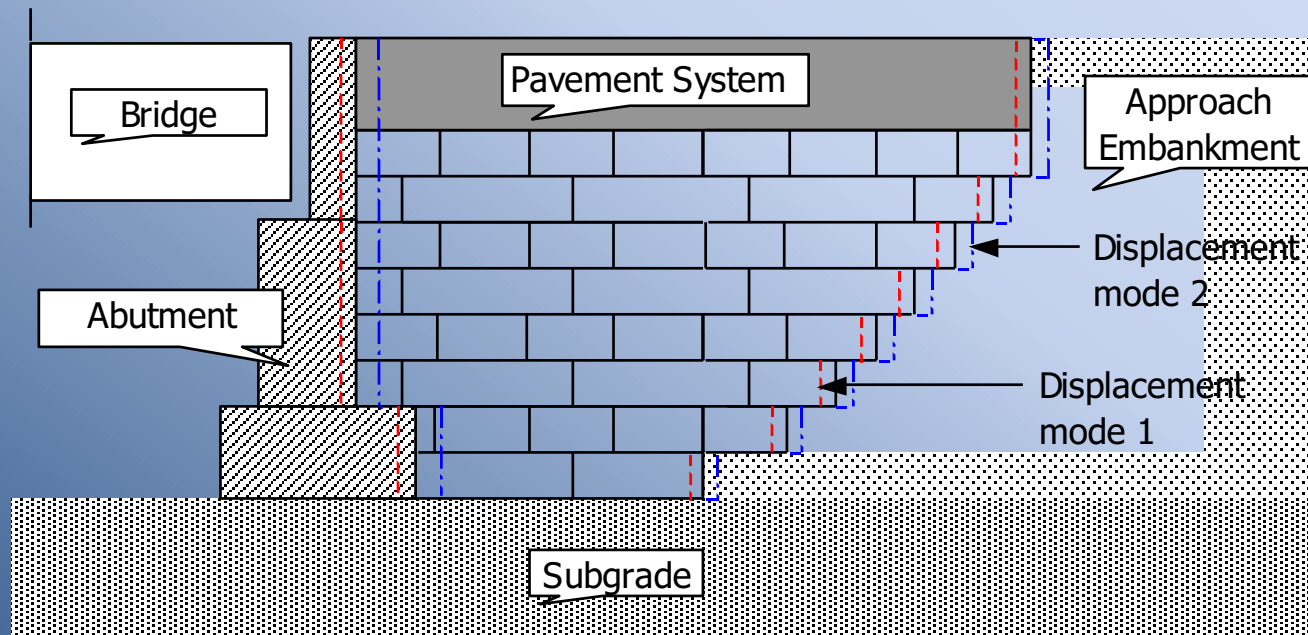
# EPS SEISMIC MODEL



System Elasticity is represented by the combined flexural and shear stiffness of the relatively "massless" EPS blocks

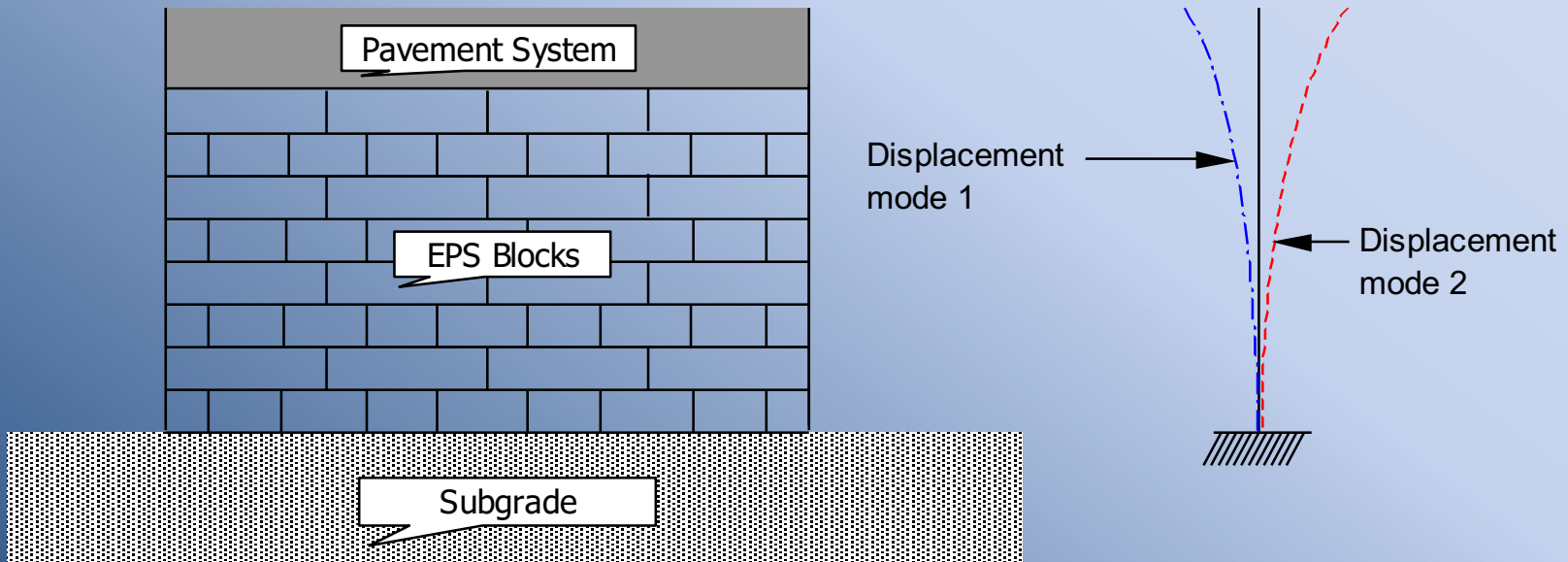
# TRADITIONAL SEISMIC BEHAVIOR

## 1. Rigid body sliding (in longitudinal direction)



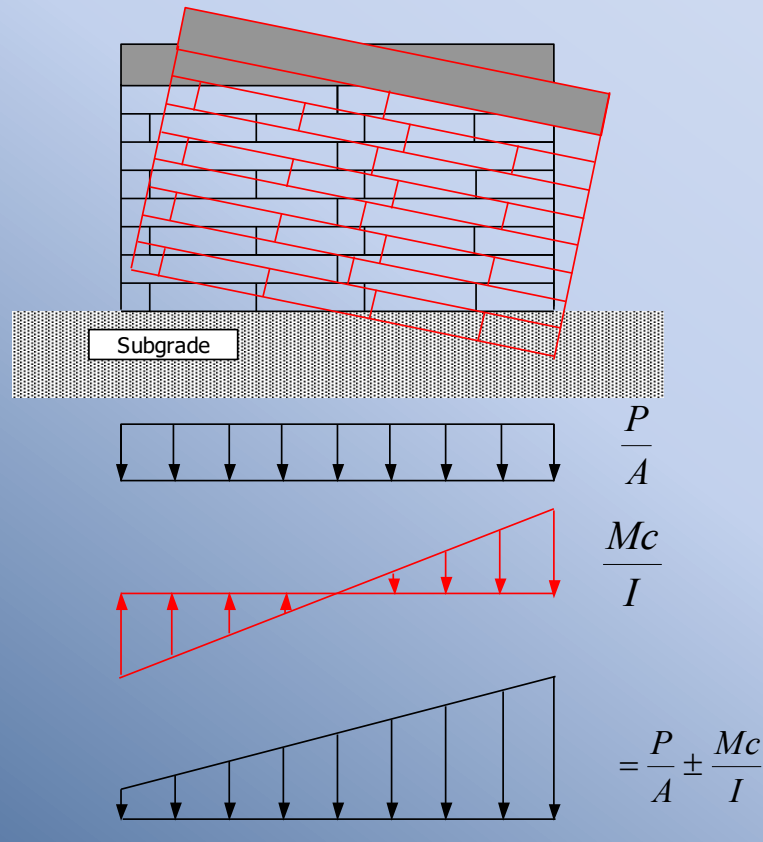
# TRADITIONAL SEISMIC BEHAVIOR

## 2. Flexible horizontal sway (in transverse direction)

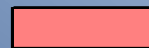
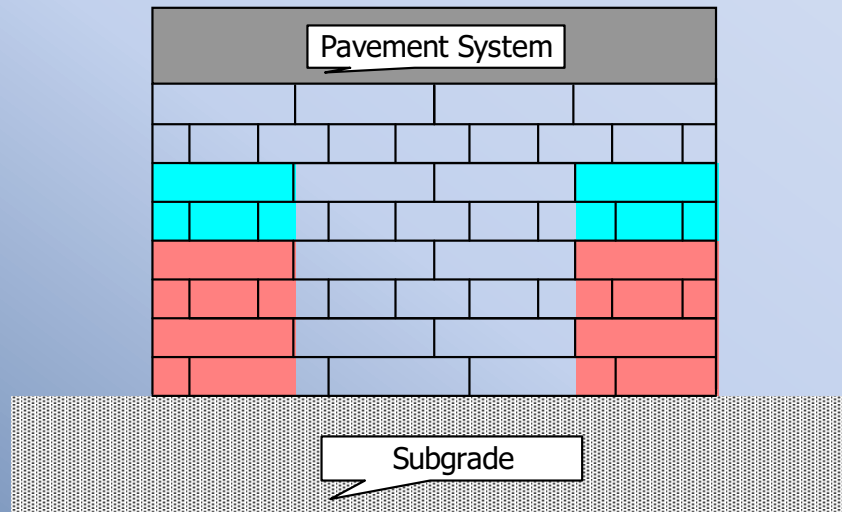


# NEWLY RECOGNIZED SEISMIC BEHAVIOR

## 3. Seismic Rocking



# SEISMIC ROCKING EFFECTS



Regions of **SIGNIFICANTLY HIGH** normal stresses ( $M_c/I$ ) due to seismic rocking

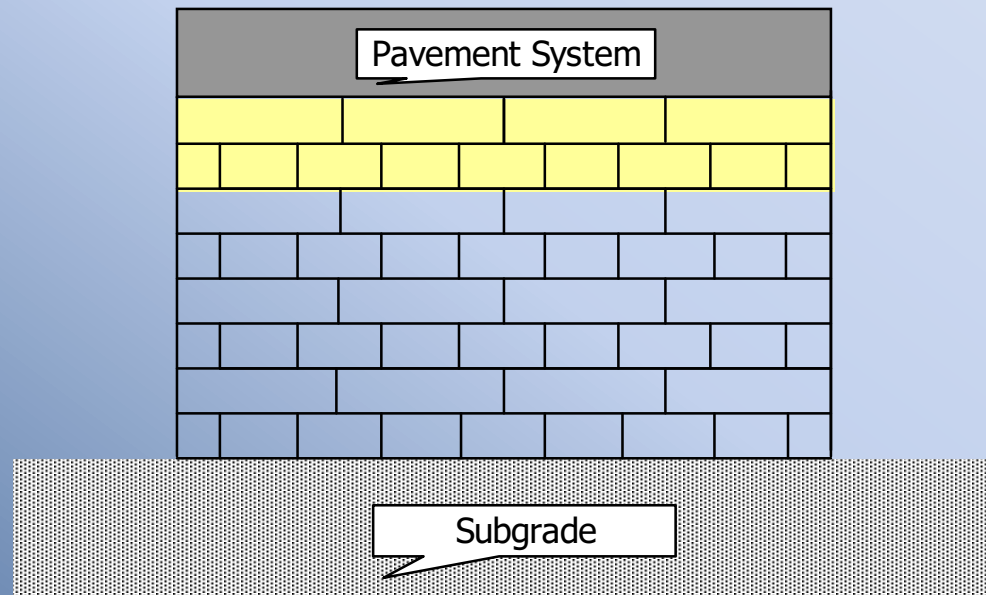



Regions of **HIGH** normal stresses ( $M_c/I$ ) due to seismic rocking

# SEISMIC ROCKING IMPACTS

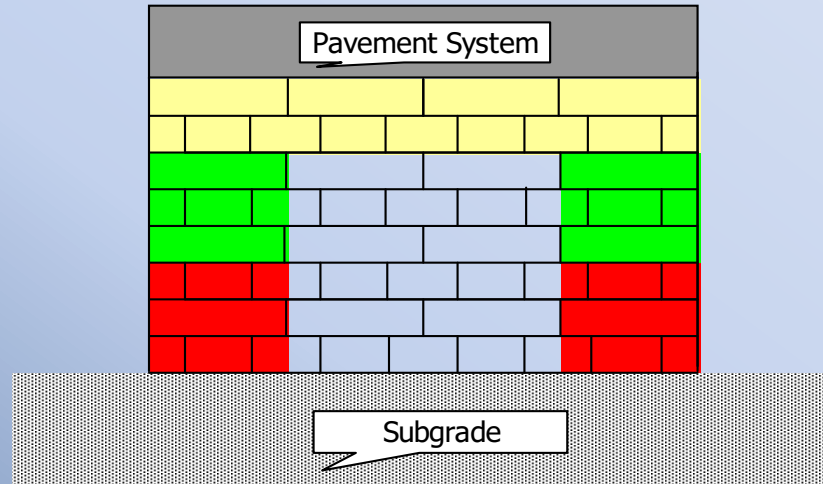
- Controlled the design of most CA/T - EPS structures given their H/W ratio
- Confirmed by a coincidental review of shake table tests results conducted in Japan on slender EPS embankments with (H/W  $\approx$  0.66, 1.28, 1.70)
- EPS blocks removed at the conclusion of the tests showed evidence of crushing in the same areas where the highest seismic stresses were computed analytically in the design


# GRAVITY LOAD EFFECTS





 EPS Blocks with high normal stresses ( $P/A$ ) due to gravity loading


# COMBINED EFFECTS



 EPS Blocks with **HIGHER** density  
Design controlled by **combined normal stresses** ( $P/A \pm Mc/ I$ )

 EPS Blocks with **high** density  
Design controlled by **combined normal stresses** ( $P/A \pm Mc/ I$ )

 EPS Blocks with **HIGHER** density  
Design controlled by **gravity normal stresses** ( $P/A$ )

 EPS Blocks with normal density  
Design controlled by **gravity normal stresses** ( $P/A$ )

- EPS 100 (2.0 pcf density) used throughout all EPS structures and ramps on CA/T Project



# Project Specification

# SPEC HIGHLIGHTS

- MQC Submittal reviews
- MQA, block verification, testing and acceptance
- **Material properties**
- Development and approval of Shop Drawings
- Product delivery, storage and handling
- CQC, construction tolerances, block placement
- Site preparation, block disposal

# Key to EPS Success?

- 1. Properly molded block**

# MATERIAL PROPERTIES

- A new EPS material designation "EPSxx" was introduced
- "xx" represents elastic limit in (kPa)
- Elastic limit ( $\sigma_e$ ) is a **KEY** design parameter  
 **$\sigma_e = \text{allowable compressive stress}$**   
corresponding to 1% strain
- "xx" x 100 gives Elastic Modulus of EPS,  
allowing calculation of material strains

# CA/T – EPS

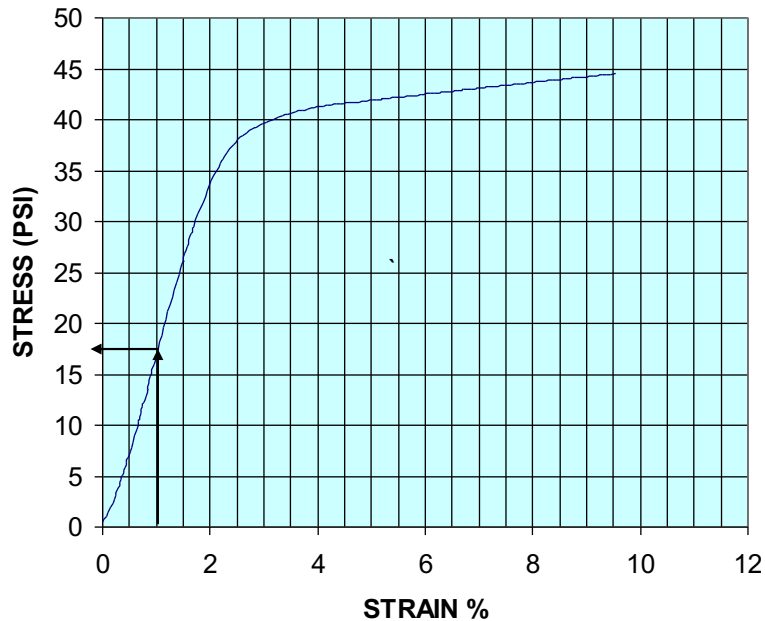
## MATERIAL PROPERTIES

AASHTO Material Designation	Minimum Allowable Dry Unit Weight of entire EPS block (Lbs/ft <sup>3</sup> )
EPS40	1.00
EPS50	1.25
EPS70	1.50
EPS100	2.00

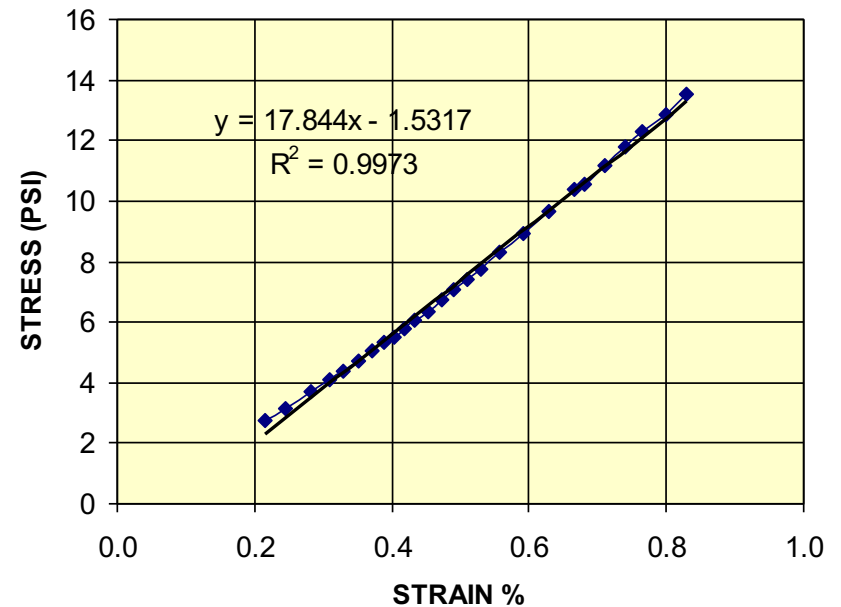
AASHTO Material Designation	Dry Density (Lbs/ft <sup>3</sup> )	Compressive Strength (Psi)	Flexural Strength (Psi)	Elastic Limit Stress (Psi)	Initial Tangent Young's Modulus (Psi)
EPS40	0.90	10	25	5.8	580
EPS50	1.15	13	30	7.2	725
EPS70	1.35	15	40	10.2	1015
EPS100	1.80	25	50	14.5	1450

# COMPRESSIVE STRENGTH TESTING

EPS100 SAMPLE BR 188

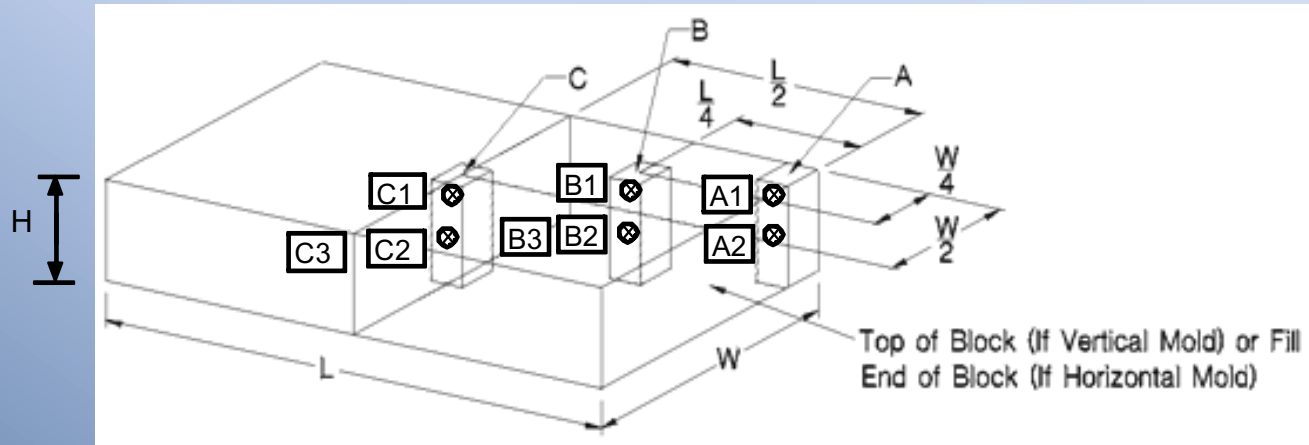


ELASTIC MODULUS  
2x2 in. TEST SAMPLE BR 188 A



# COMPRESSIVE STRENGTH TESTING

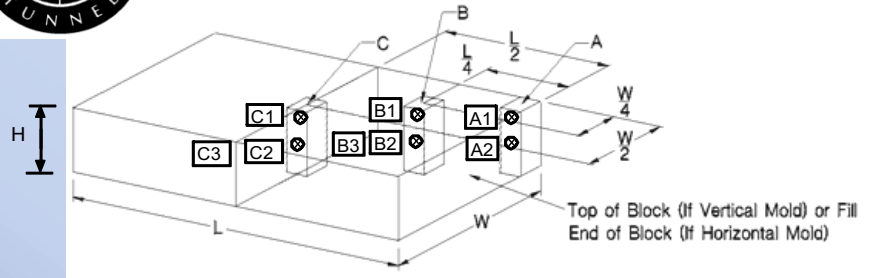
## C09C2 - QA SAMPLING AND TESTING



Sampling locations A1, B1 and C1 are at or near the top or bottom (contact) surface of the block. Sampling locations A2, B2, B3, C2 and C3 are at or near the center (or mid-height) of the block. L = Length of block; W = Width of Block; H = Height of block



**C09C2 - QA SAMPLING AND TESTING**



Sampling locations A1, B1 and C1 are at or near the top or bottom (contact) surface of the block. Sampling locations A2, B2, B3, C2 and C3 are at or near the center (or mid-height) of the block. L = Length of block; W = Width of Block; H = Height of block

**EPS SAMPLING**

1. Prior to cutting the test specimen, EPS molder shall provide the total dry weight of the block as a whole, the corresponding unit weight in pcf and overall dimensions of the block.
2. Each test specimen shall be cut by a hot wire apparatus, shall have orthogonal sides and perfectly planar faces.
3. The following number of EPS test specimen with the corresponding shown sizes shall be provided by the EPS Molder:

SPECIMEN SIZE	NUMBER OF TEST SPECIMENS AT EACH LOCATION								TOTAL
	Location								
	A1	A2	B1	B2	B3	C1	C2	C3	
1"x 4"x 12"	-	-	-	-	-	-	-	2	2
4"x 4"x 8"	-	-	2	2	-	-	-	-	4
2"x 2"x 2"	2	2	-	-	2	2	2	-	10
4"x 4"x 4"	2	2	-	-	2	2	2	-	10
12"x 12"x 12"	2	2	-	-	2	2	2	-	10

4. Test specimen shall be marked A1, A2, B1, B2, etc.. together with a block identification if more than one EPS block is being used.
5. EPS Molder shall include in their letter to the CA/T Project the following information:
  - 1) Bead size as well as identity and name of bead supplier
  - 2) Type of raw material used i.e. whether modified or flame retardant material
  - 3) Pentane content i.e. normal or low volatile material
  - 4) Whether block was trimmed after molding prior to measuring the dimensions requested in item (1) above.
  - 5) Certification that no regrind is used and that the blocks used for the test specimens are in conformance with CA/T Specification 909.101 for Block-molded Expanded Polystyrene.



# COMPRESSIVE STRENGTH TESTING

## EPS QA TESTING

- 1. For each test specimen size at each individual location, ONE specimen shall be tested by CA/T-TSD Materials Lab and ONE specimen tested by an independent third party lab.
- 2. The following are the locations designated for each test:
  - C1 & C2 used for compression strength, elastic limit and tangent modulus.
  - C3 for flexural strength test.
  - B1 & B2 for unit weight (density test).
  - A1 & A2 for compression strength, elastic limit and tangent modulus.
  - B3 would be available for additional compression strength testing if additional testing is required.

TESTING RESULTS	SAMPLE LOCATION					AVG.	Specs.	Pass/Fail
	A1	A2	C1	C2	B3			
Compressive Strength (*)							25 psi	
Elastic Tangent Modulus							1450 psi	
Elastic Limit							14.5 psi	

(\*) = Per ASTM C-165 at 10 % strain rate

TESTING RESULTS	SAMPLE LOCATION			AVG.	Specs.	Pass / Fail
	B1	B2	-			
Unit weight per ASTM C-303			-		1.8 pcf	

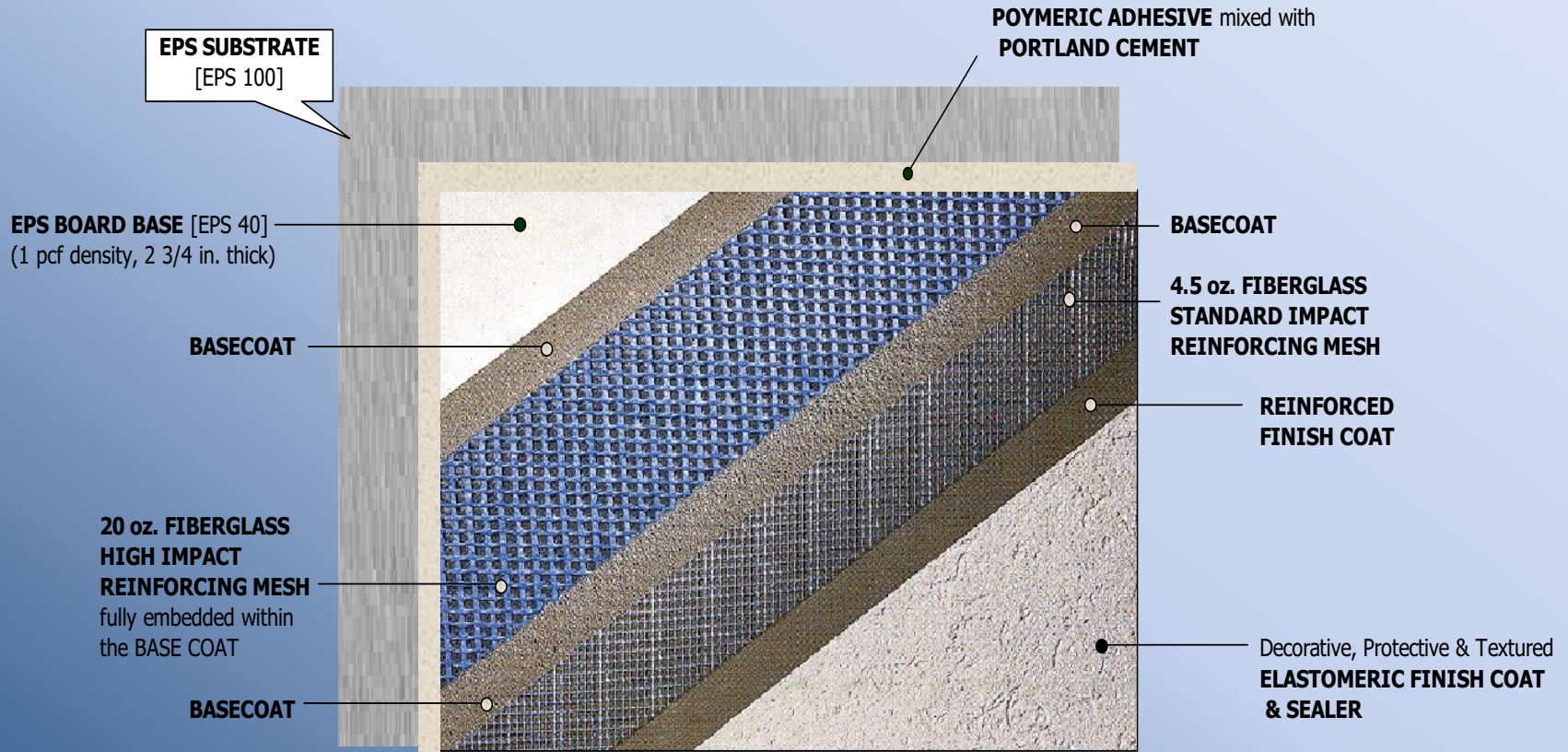
TESTING RESULTS	SAMPLE LOCATION		AVG.	Specs.	Pass / Fail
	C3	-			
Flexural Strength per ASTM C-203		-	N/A	50 psi	

# Side Covering

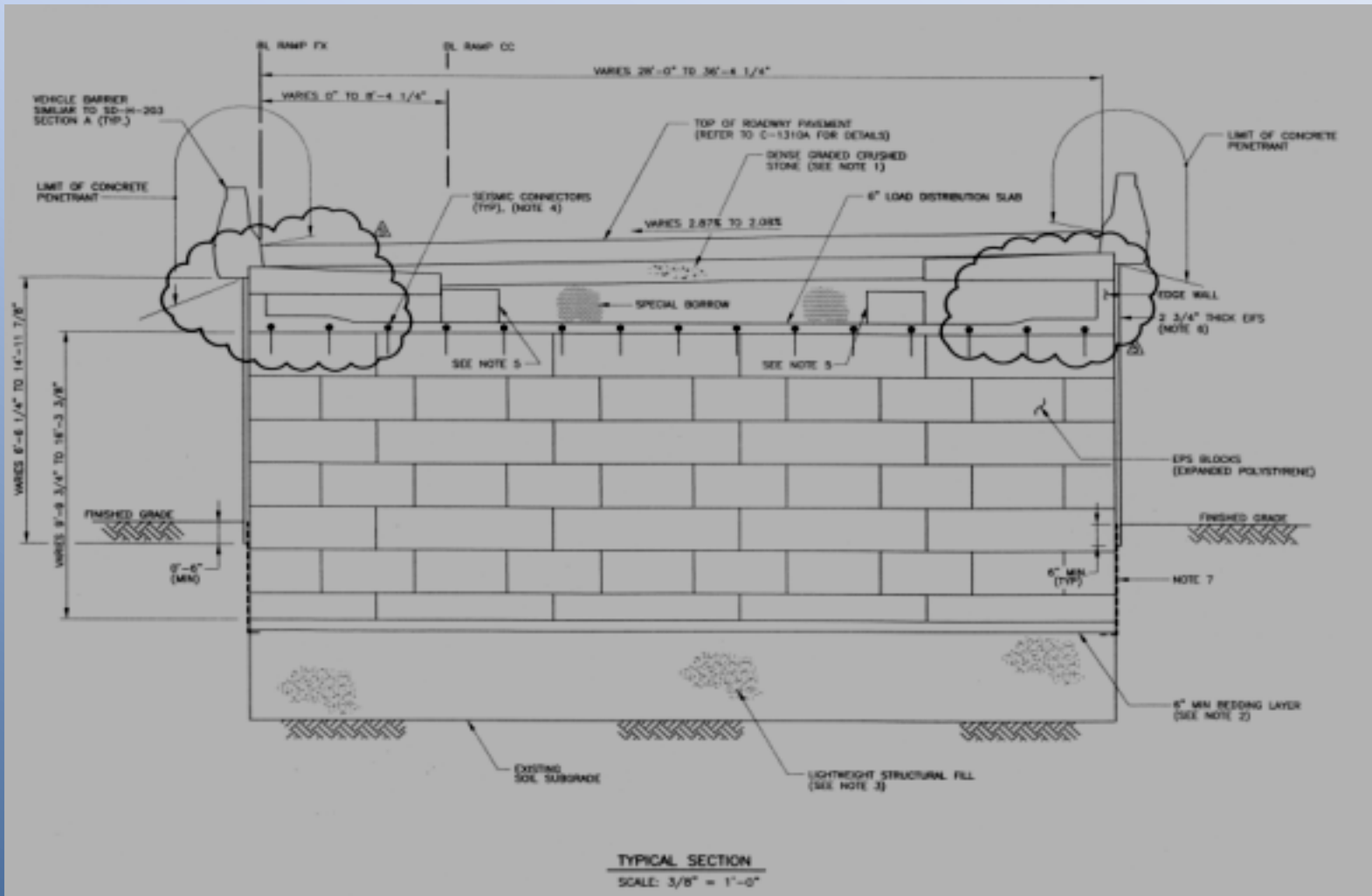
# Side Covering Facts

- Not required to support EPS structurally
- Primary function is long-term protection of blocks
- Provides an architectural finish to the exterior exposed surfaces i.e. aesthetic function
- Proper selection of a side cover may result-in significant cost and schedule savings

# EIFS



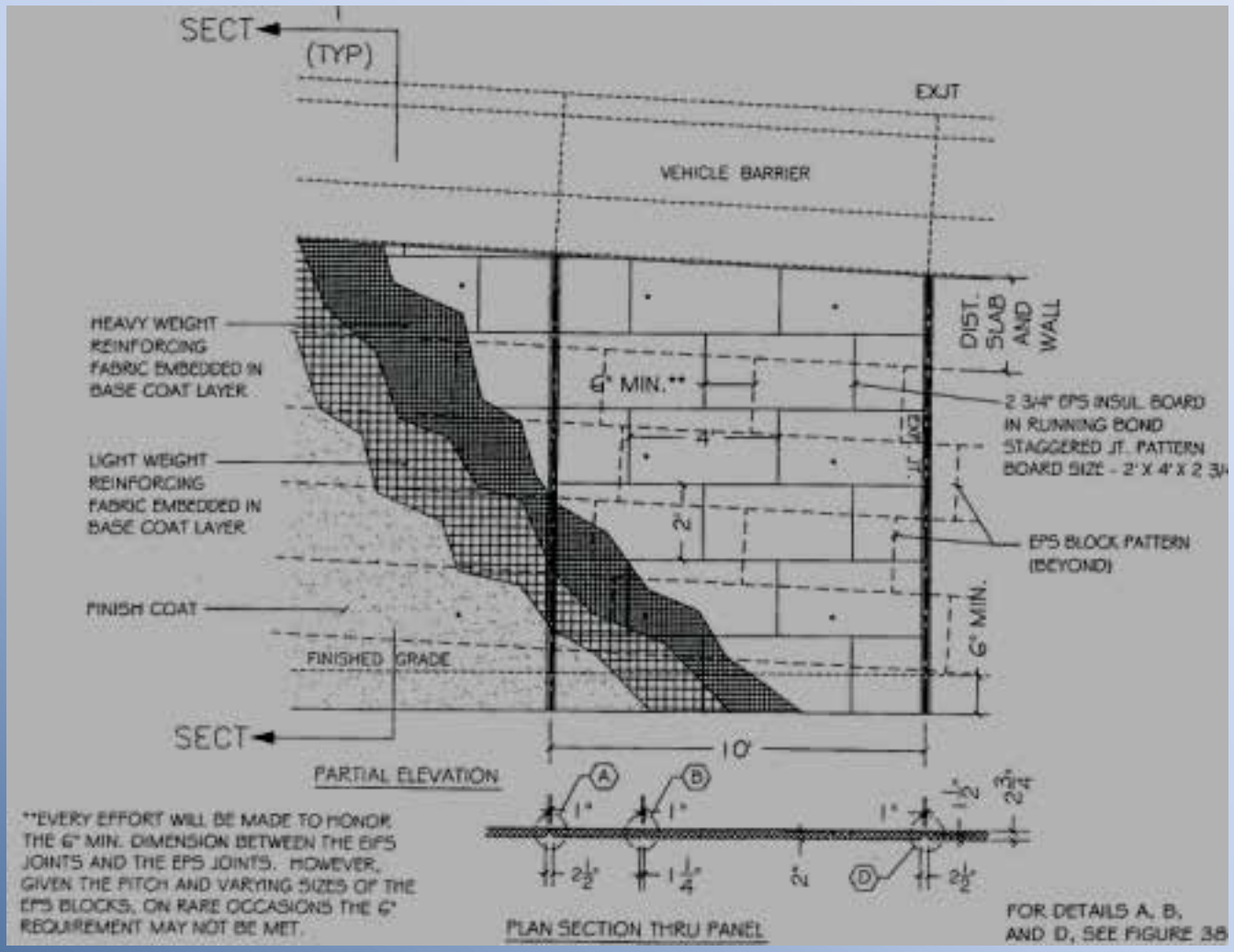
## Exterior Insulation and Finish System (EIFS)



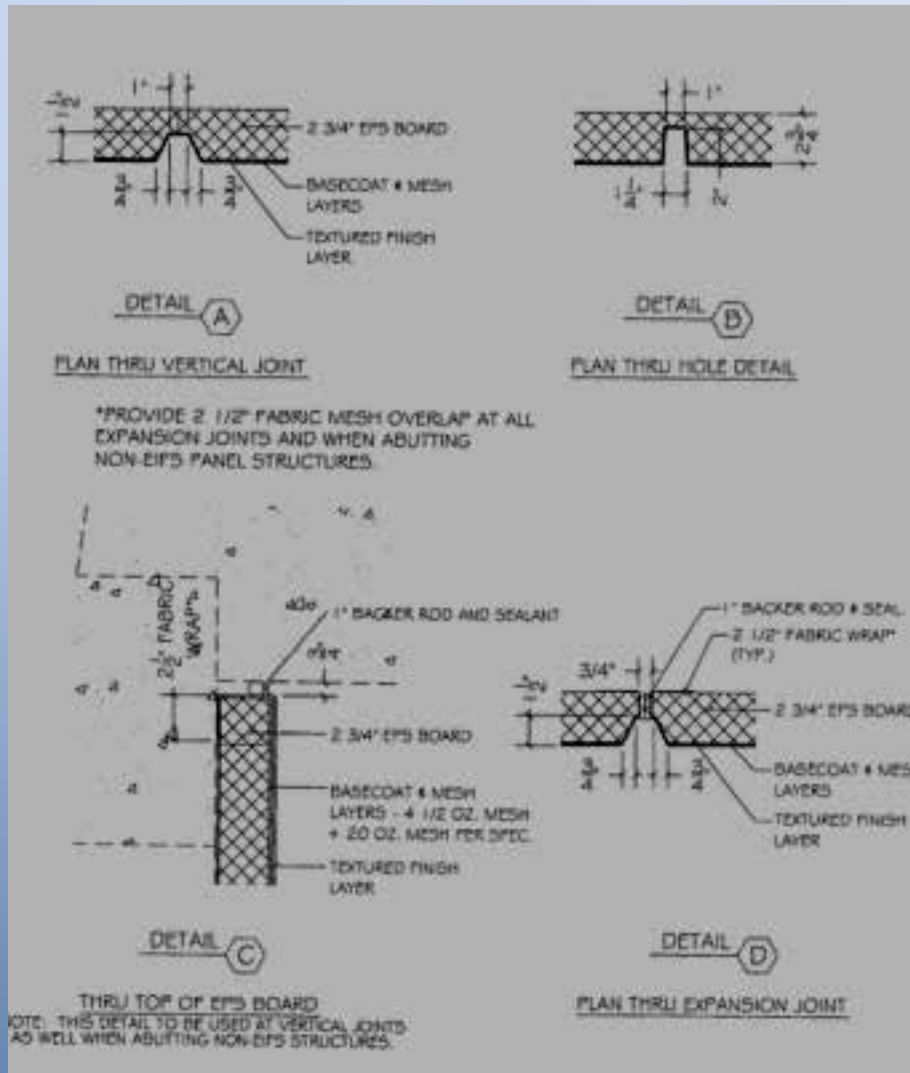
# Typical Cross-Section EIFS Side Covering

# EIFS

- EIFS achieved uniformity in appearance with other precast concrete curtain walls of adjacent CA/T transition structures
- Final product weights approx. 1.5 psf
- EIFS material properties compatible with EPS substrate
- CA/T – EPS/EIFS application believed to be the first on a transportation structure worldwide



# EIFS – Typical Elevation



# EIFS – Typical Details at Termination Points





Finished EIFS – CA/T - Ramp X



Finished EIFS – CA/T - Ramp X



## Finished EIFS – CA/T - Ramp X



## Finished EIFS – Ramp KK

# EIFS / EPS Fire Performance

- No available ASTM Standards addressing Fire Performance of EIFS installed on EPS blocks
- Full Scale Fire Tests were necessary to assess Fire Performance of the system

# EIFS / EPS Fire Testing

- 2 - EPS/EIFS wall mock-up assemblies were constructed for full scale fire tests at Omega Point Lab in San Antonio, TX
- Mock-ups used same materials and details in conformance with approved Submittals
- 2 Full Scale Fire Tests conducted: a pallet fire and 100 gallon diesel pool fire,
- Test duration on each wall was 30 minutes





















# EIFS Fire Test Conclusions

- EIFS provided significant protection for EPS
- Size of both fires manageable at 30 minutes
- Structural damage to EPS substrate was limited
- No adverse effects on structural safety or integrity of EPS blocks assembly
- EPS / EIFS assembly **satisfied** 30 minutes fire resistance requirement established by Boston Fire Dept. (BFD)

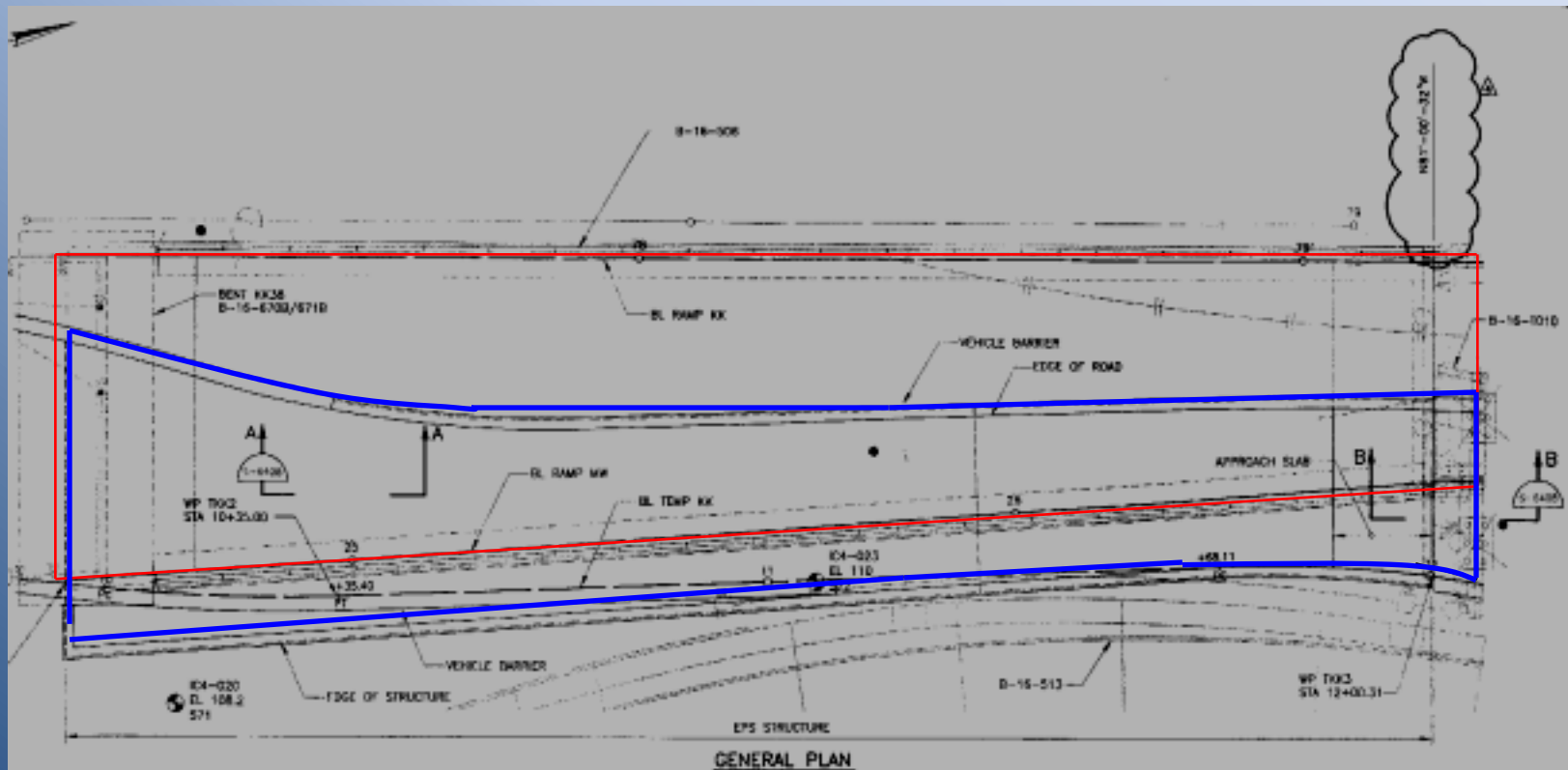


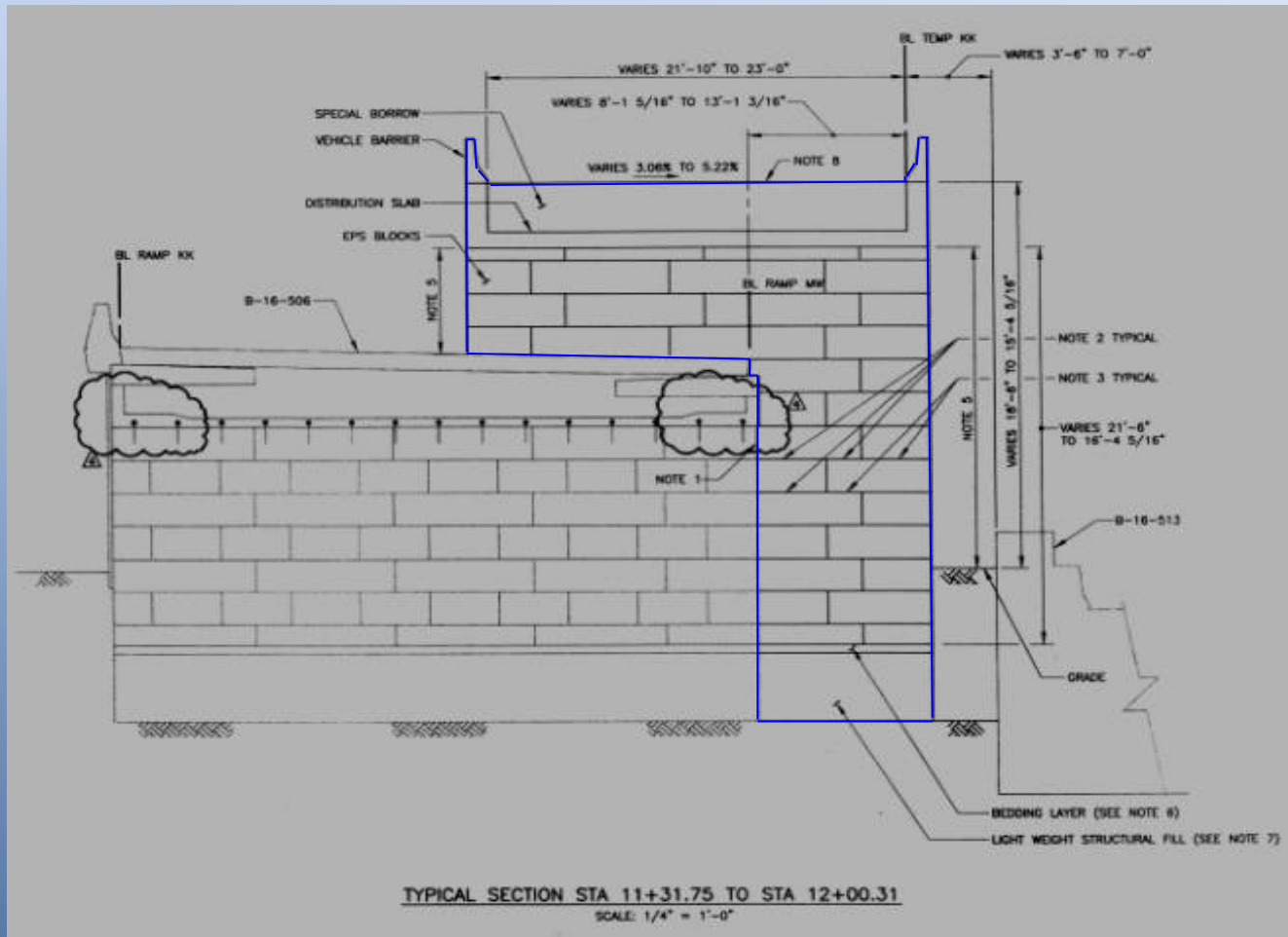
# **Special EPS Applications & Curved Construction**

# Key to EPS Success?

- 1. Properly molded block**
- 2. Properly Constructed blocks**

# Temporary / Permanent Ramp KK





# Temporary / Permanent Ramp KK



# Steel Connector Plates



## Permanent Ramp KK – Leveling Bedding Layer



## Permanent Ramp KK – First Layer Blocks Assembly



Permanent Ramp KK - Blocks Assembled East Side





## Permanent Ramp KK – East Side



Temporary Ramp KK - Early Blocks Placed



Temp Ramp KK - Advancing Block Placement



## Temporary / Permanent Ramp KK – In Service



## Temporary Ramp KK Demo



Temporary Ramp KK Demo Complete  
Curved Ramp F under Construction

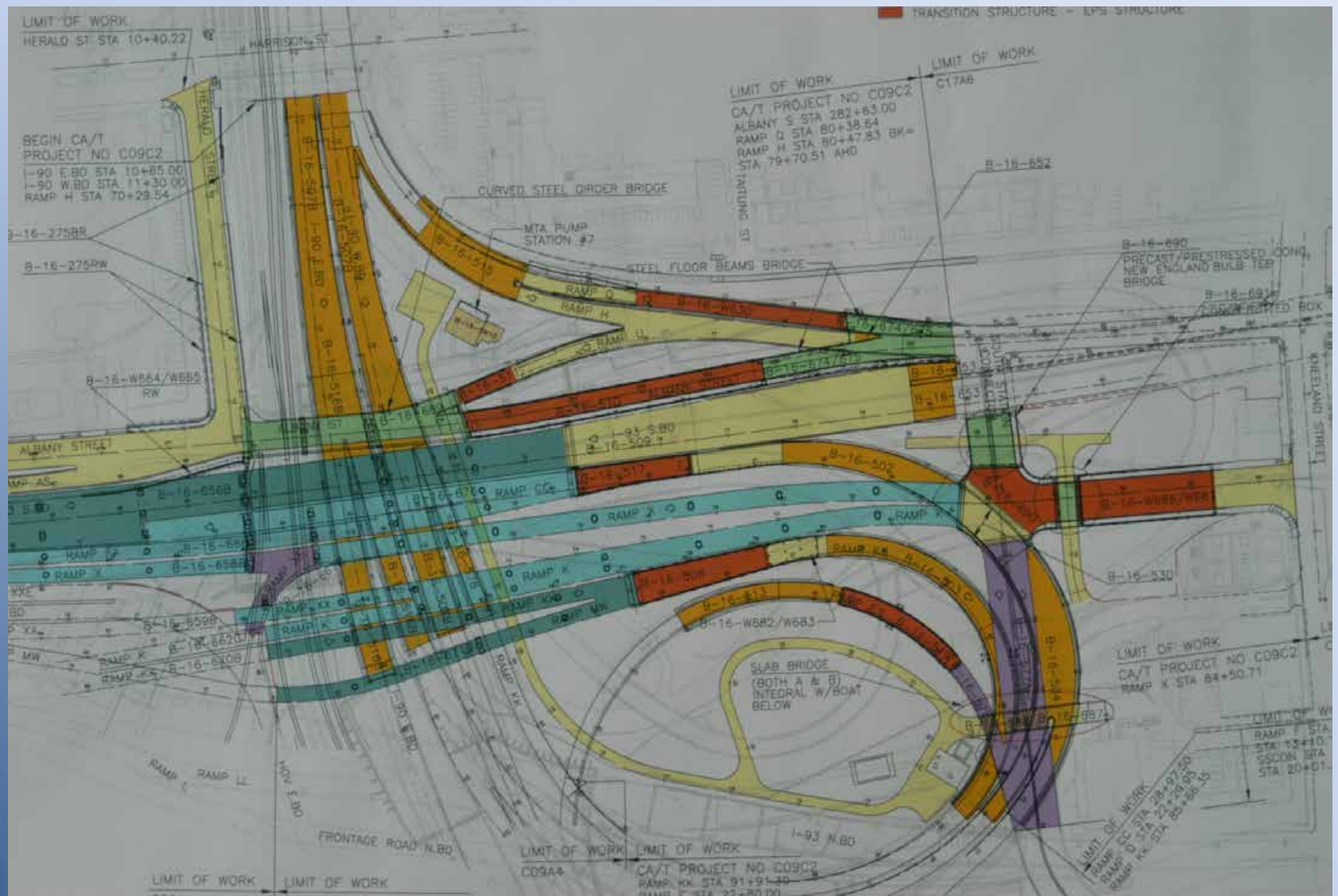


Curved Ramp F under Construction

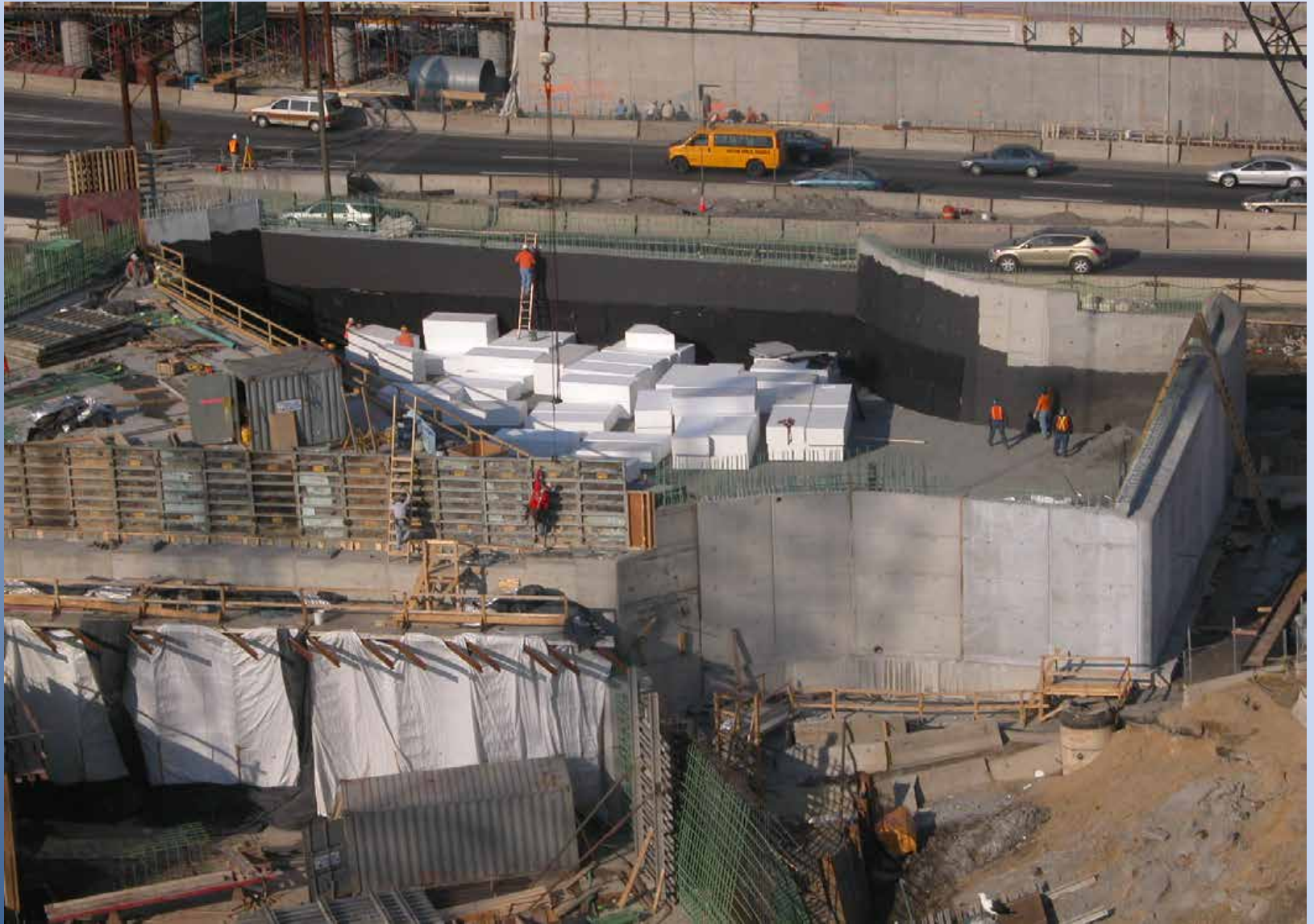


## Curved Ramp F under Construction



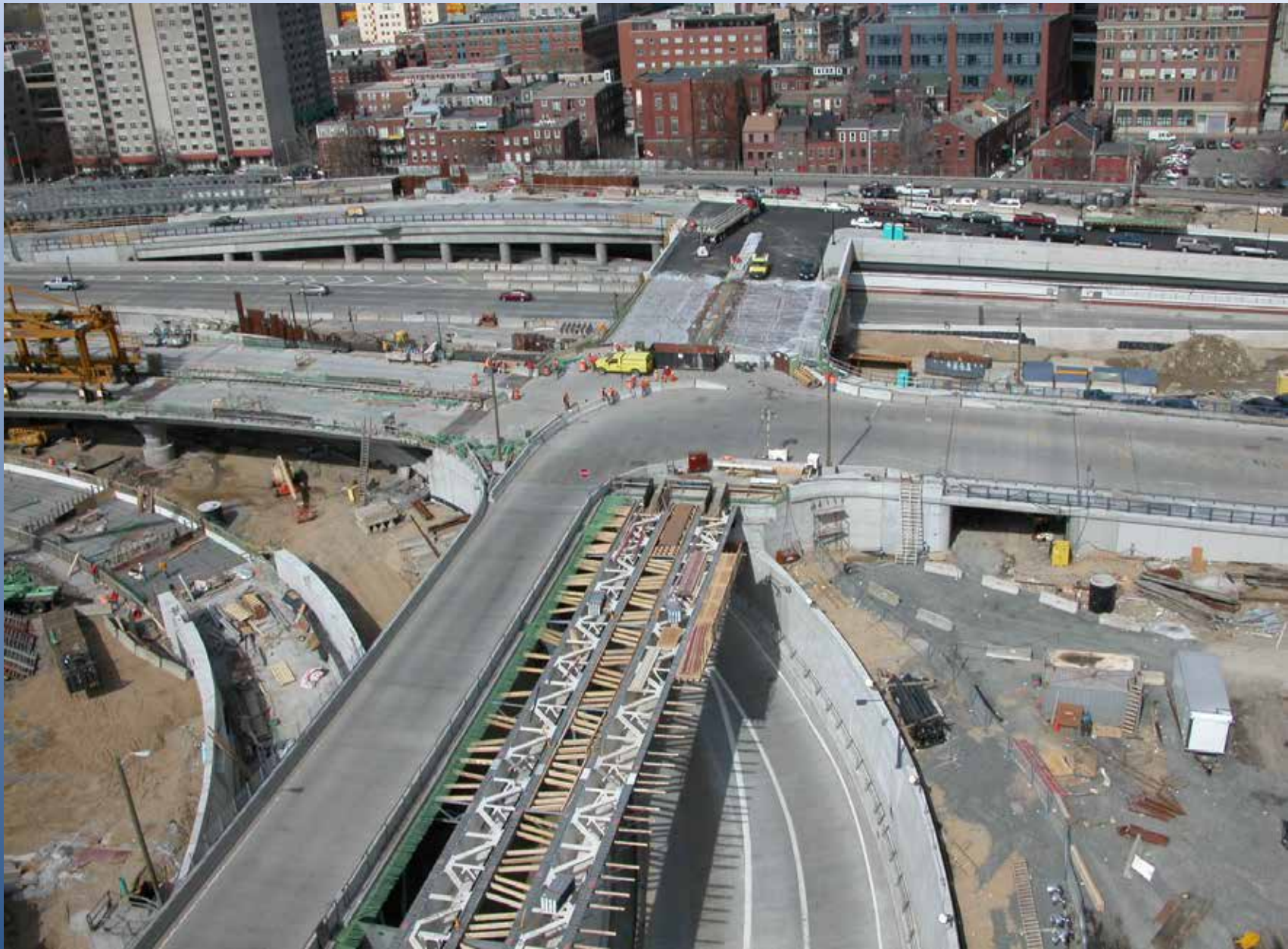


# South Bay Interchange









# Project Credits

Owner:

**Massachusetts Turnpike Authority (MTA) - CA/T Project**

Management Consultant:

**Joint Venture Bechtel / Parsons Brinckerhoff (B/PB)**

EPS Consultant:

**Dr. John S. Horvath, P.E.**

EIFS Fire Consultant:

**Koffel Associates, Inc.**

Section Design Consultant:

**Joint Venture Berger / Lochner / Stone & Webster**

Contractor:

**Modern Continental Construction, Inc.**

# Acknowledgment

- CA/T - EPS Embankments are the outcome of extensive joint effort between B/PB and MTA
- The EPS redesign initiative resulted in several innovations establishing new National Design and Construction Standards for EPS applications on transportation structures
- The guidance and strong support of the FHWA Office of Infrastructure to pursue and advance EPS technology was instrumental to its success on the CA/T Project

Thank you



# Questions ?